Please find below links to some statistics on child health and physical activity levels which may be useful in tailoring your letter to your local area:

England

  - Tables 2, 3a and 3b in these data tables (also downloadable from the above link) outline child obesity rates by region (downloadable data tables)

- Nationwide statistics on child physical activity in England
  - Data tables based from the above link, Table 12 sets out children’s participation in active travel to/from school based on age and sex (downloadable data tables)

Wales

- Nationwide and regional stats of child obesity: National Child Measurement Programme - Wales, 2015-16
  - Child Measurement Programme: Data Tables 2015/16 (downloadable data tables)

- Nationwide statistics on child physical activity in Wales

Scotland

- Nationwide stats on child physical activity and obesity 2016
  - See tables for Chapter 3, 3.5-3.8 for physical activity, Chapter 5, 5.5-5.6 for obesity

Northern Ireland

- Nationwide stats on child obesity (under 16)